

# Curriculum Planning Tool

PBS Module 7  
Positive Lifestyles

Use this Curriculum Planning Tool to assist you in planning the best use of an Online Academy module in your courses. The Planning Tool contains four pages. Page one (below) shows the module Table of Contents. Page two provides an overview of the module's contents, including the (1) goals of the module, (2) discussion questions relevant to the module, (3) the topic title of each lesson in the module, and (4) a list of the glossary words used in the module. Page three is a course integration plan form that allows you to record where the module could fit into the courses you teach. Page four contains a breakdown of all the student tasks included in the module. There is also space on page four for you to plan where each task may fit into your course plan.

## Module 7 Positive Lifestyles

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##### **Lesson 1 : Person-Centered Planning**

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# Content Overview

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## PBS Module 7: Positive Lifestyles

The order in which the modules occur within the Content Map are not intended to denote the level of importance in positive behavioral support. This module describes important interventions and outcome measures needed to create positive environments that naturally reduce problem behavior and the need for more time intensive intervention strategies. The content available within this module will be useful for teachers working with students of all ages, with and without disabilities.

### Goals:

1. Describe Person-Centered Planning and how it relates to increased student involvement in educational planning.
2. Define Self-Determination and describe why is it important to the educational process.
3. Discuss how choices and preferences are related to person-centered planning and self-determination.
4. Describe what Quality of Life means and the types of strategies used to determine whether our efforts to increase a student's quality of life have been successful.
5. Discuss how person-centered planning and self-determination can increase a student's quality of life.

### Discussion Questions:

1. What is person-centered planning, and how does it relate to increased student involvement in educational planning?
2. What is self-determination and why is it important to the educational process?
3. How are choices and preferences related to person-centered planning and self-determination?
4. What is quality of life and how do we determine whether our efforts to increase a student's quality of life have been successful?
5. How do person-centered planning and self-determination lead to increases in a student's quality of life?

### Lesson Topics:

1. Person-Centered Planning
2. Self-Determination
3. Quality of Life

### Glossary:

Assistive Technology  
Causal Agent  
Functional Assessment  
Individualized Education  
Program (IEP)  
Person-Centered Plan  
Person-Centered Planning  
Positive Behavioral Support  
Positive Behavioral Support  
Plan  
Quality of Life  
School-Wide Discipline  
Self-Determination  
Self-Management  
Systems

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# Course Integration Plan

<b>Course Integration:</b> Courses in which this module would be applicable:	
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<b>Lessons</b>	<b>Courses in which the lessons would be applicable:</b>
Lesson 1 Person-Centered Planning	
Lesson 2 Self-Determination	
Lesson 3 Quality of Life	

<b>Notes:</b>
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# Students' Tasks

The following is a comprehensive list of every task that students are asked to complete in this module. Use this task breakdown sheet to designate where each task best fits into your course(s).

Support Level Assessment	
Support Level Directed Questions	
Lesson 1 Assessment	
Lesson 1 Activity	
Lesson 1 Directed Questions	
Lesson 2 Assessment	
Lesson 2 Activity	
Lesson 2 Directed Questions	
Lesson 3 Assessment	
Lesson 3 Activity	
Lesson 3 Directed Questions	
Practice 1	
Practice 2	
Practice 3	

A Curriculum Planning Tool is available for each of the 22 modules produced by the Online Academy. The modules cover three content areas: Positive Behavioral Supports, Reading, and Technology in Education. All the Curriculum Planning Tools are available online at [onlineacademy.org](http://onlineacademy.org). Instructors are free to access the tools and print multiple copies.